

Risk Assessment

The Witton Park Trail Relays

Reviewed by Race Organiser - Richard Taylor

Event Date: Thursday 27th June 2019 starting at 19:00

No.	What are the Hazards?	Risks	Risk Rating	What can be done to control the risk?
1	Traffic	Runners and marshalls hit by traffic when crossing road on climb and ascent only farm lane with limited traffic and travelling slow	Low	Marshalls wear High Viz Emergency First Aid on standby
2	Rough Terrain	Uneven ground including tree roots and eroded tracks.	Low	Full route description to inform potential competitors of the type of terrain that will be encountered. Course assessment prior to race day and on race day to ensure the course has not changed in nature. Course map will be available on line in the event publicity. Emergency First Aid on Standby
3	Adverse Weather	Heavy wind and rain. Extreme Heat	Low Low	If really bad, the event will be cancelled. Evening race - even on hot day temperature will be cooling. If very hot, some water will be provided at finish.
4	Exhaustion	Possibility with less experienced hill runners.	Low	Pre-race advise on experience required Route is entry level hill running, classified as short with moderate ascent per km.