

Event Information Document

Witton Trail Relays

Thursday, 27 June 2019

Witton Park, Blackburn

Held under UKA Rules – Registered with the FRA 2019-6608

Race Organiser: Richard Taylor

Race Details

	Start Time	Age Group	Distance (km)	Ascent (m)	Cat
Race	19:00	12 on day - Senior	3.65 (x 3 legs)	160	BS

Course Details

The race starts on the showfield at Witton Park, taking a clockwise route up to Billinge Woods and passing the summit before descending back to Witton. Underfoot is grass, dirt and gravel. The terrain is best described as trail running with fell like ascent/descent. Main hazards are the underfoot conditions with tree roots and eroded sections as well as the uneven stepped part of the descent.

The route crosses a tarmac, farm access road on the ascent and descent. Runners must take care when crossing this road.

Experience

This is entry level fell/hill running. The event is a Senior event in which some juniors are allowed to take part. Juniors must be minimum age 12 on the day of the race. Senior athletes with road running or cross country experience should be fine. Junior athletes used to fell, or at or close to County level at cross country should also be fine.

Safety

Mountain Rescue will be in attendance to provide first aid cover. It is unlikely that any compulsory kit requirements will be set as if the weather is so bad as to require it in June, the event is likely to be cancelled anyway. However please bring at least a rain jacket, pants and whistle just in case.

Parking & Facilities

Witton has ample car parking and adjacent at each side of the pavilion are the public toilets. There is ample space for tents to be pitched. There are a lot of park users on Thursday night though, so it is best to avoid the main pay and display car park and use either the free Buncer Lane Car Park (BB2 6TD) or the free Tower Road (BB2 5LE) one. The astro-turf car park will be full of netballers

Entry Options and Registration Details

LIMIT 150 Teams

£12 per team Pre-entry via online pre-entry

www.wittonparktrailrelays.co.uk

£15 Entry on day if places are still available – registration opens from 18:00 and will be closed by 18:40. Pre-Entry team members can be amended on the day and change sheets will be available.

The Start and Race

The start is on the main showfield. Leg 1 runners will be called to a holding pen adjacent to the start line around 18:50 for a number check. Leg 2 & 3 runners need to be in the holding pen, adjacent to the start line before their leg 1 runners finish. They will be called through on to the start line as their team mate approaches the finish line. A touch of hands is required before the next athlete can set off.

The Finish and Presentation

Teams will take between approximately 45-80 minutes to complete. Presentation will take place in front of the Witton Pavillion at approx. 8:30pm.

Individual and Team Award Categories

Team awards for winning teams in Mens, Ladies, Male VETs, Female Vets, Male Juniors and Female Juniors as well as fastest leg awards in all 6 categories. Juniors and VETs can be used in Senior Teams. Females can be used to make up male teams. Teams have to be from a UKA affiliated club. SENIORS are allowed to run more than one leg and can run legs for different teams. JUNIORS are limited to one leg. For the purpose of this event a Junior is anyone under 18 on the day of the event.

Any Other Information

The route is extensively marked, with tape, flags and laminated signs. In addition there are at least 6 Marshall Points on the route at key junctions.

The Witton Trail Relays are registered with and held under UKA Rules and registered with the FRA. The event website contains information. Please check for updates as the event approaches.

Retirement – athletes withdrawing during the race should advise the nearest marshall and then the finish officials as soon as possible

Numbers – to be collected by the team manager/captain from registration who will distribute to the team members. Please wear on front of vest/T-shirt and do not fold.

Take part and support Great causes

As with previous running of the Witton Park Summer Trail relays we will be supporting Rossendale and Pendle Mountain Rescue Team and for 2019, the main recipient will be "Doing it for Laura".

<https://uk.gofundme.com/ngdq37-doing-it-for-laura>

Last time in 2017 we raised over £1000 and hopefully we can match or better that this year.

Full Route Description

The start is on the main Witton showfield GR 659 272 and head west approx. 250m before turning right to cross the cycle path and taking the left fork in to the woods climbing gradually. Around 400m up the woods turn left up the steps, immediately left at the top and then 20m fork right climbing again. Stay on this track for approx. 800m passing through 2 sets of double gates (close them behind you if recceing) until you hit a slightly steeper section, at the top bear right to arrive at a farm access road.

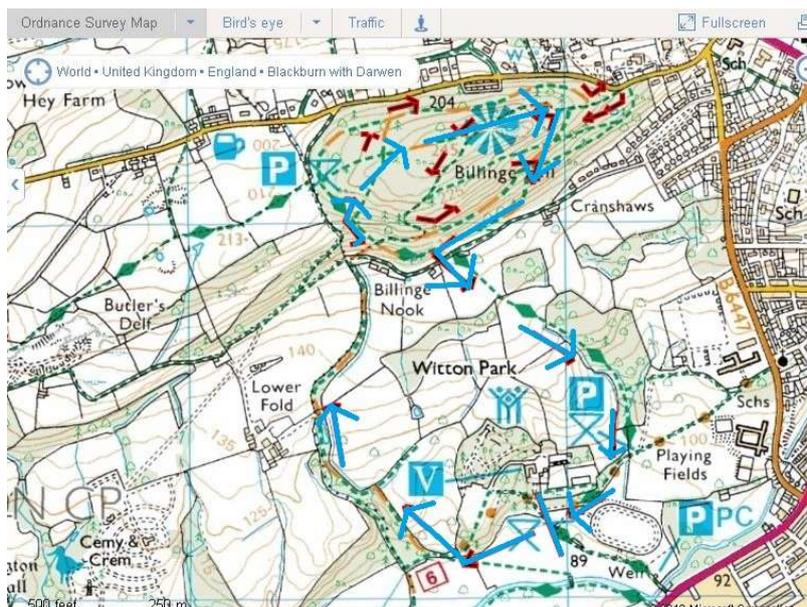
Cross the farm access road slightly to the right through a high doorway in the wall in to Billinge Woods and climb the trail around 60m to the cross roads of paths.

Turn left, climbing gradually under a low tree branch and then more steeply as the track bears right. As the track starts to flatten out again, turn right to climb again up to the summit plateau approx. 400m.

Continue straight on and start to descend for approx. 400m before a brief flat section which ends with a right turn and tight left to the top of a steeper descent. 20m down the descent take a tight right turn which descends for around 300m before levelling out for around 200m as it reaches the road side.

Exit the woods to the left, turning left up the road for about 20m and then right through the gate and descend following the trod across the field to the swing gate at the left hand side of the fencing, next to the bushes. Straight across the next field to the gate and then follow the gravel track down through the woods, through the stepped section and to a wooden footbridge.

Turn right after the bridge and follow the gravel track straight on until the tarmac road, turn right, only on tarmac for 5 metres then cut through the trees on the left to the grass finish straight. Head down to the finish keeping the pavilion on your right and cross the park road in to the finish funnel.



This event is registered with the Fell Runners Association and held under UKA rules. For more information check out www.wittonparktrailrelays.co.uk

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